

Choc Bliss Balls

Ingredients:

200g - 300g dates

1/4 cup crushed almonds

1/4 cup crushed pepita seeds

Tsp of chia seeds

1/4 cup of coconut oil (melted)

2 Tbsp. of cacao (or Cocoa) powder

Method:

Blitz all together in food processor or blender, roll mixture into spoon-sized balls and place on plate. Put plate in fridge and enjoy chilled!